



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

LET'S HAVE SOME HALLOWEEN FUN!!!

Community Day INDIANOLA YMCA

Come and join us for some Halloween fun for all ages. October 22nd is Community Day at the YMCA! We will have all sorts of activities for the young and young at heart. If you love the Halloween season put the YMCA on your trick or treating agenda!!

This is a free event for all in the community and all are welcome to stay and enjoy the Y for the entire day for free!!

- Halloween games and trick and treating in the Gym- 9-11am
- Glow Yoga ages 8 and up 8:30-9:30 Studio A
- Disco Cycle ages 8 and up 8:30-9:15 Cycle studio
- Zumba Dance Party ages 8 and up 9:30-10:15 Studio B
- Party Body Pump New Release #122, ages 8 and up Studio A 9:45-10:45
- Deep Water class ages 8 and up Comp Pool 10:15-11:00
- Costume contest at 11:00 in the Gym- awards at 11:15
- Flash Sale- 50% off 1st months membership

WHEN: Saturday October 22nd
TIME: 8:30-11:00am
LOCATION: INDIANLOA YMCA
306 E Scenic Valley Ave, Indianola Ia.
515.777.7746
For more information contact
Diane.thomas@dmymca.org

