

INDIANOLA PARKS & RECREATION

FUN TIMES

COOKING CLASSES FOR PRIMARY STUDENTS, FALL 2022

Kids Cook! with ISU Extension

Kids Cook workshops are a great way to expose your children to new foods while learning life-long skills in the kitchen. Participants will learn about the importance of the food groups, food safety, and the value of nutrition. Join Warren County Extension and Outreach staff for hands-on learning, measuring, stirring, preparing, and sampling different recipes!

A 4-H Medical Release form is required for each participant. Forms may be downloaded from the website at indianolaiowa.gov. Please bring the completed form with you to class.

Ages: Grades K - 3

Min/Max: 5/12

Fee: \$12.50 (\$10)

Location: Warren County Extension & Outreach • 200 W. 2nd Ave (Hwy 92)

Hello, Pumpkin!

Get ready, it's pumpkin time!
This Kids Cook workshop is all about fall favorites, including pumpkins!

Program # 6856

Date: Tuesday, October 18

Time: 4:00- 6:00 pm

Registration Deadline:

Tuesday, October 11, or when full

Autumn Harvest

It's harvest time! Join us as we make some sweet and savory treats.

Program # 6857

Day/Date: Tuesday, November 15

Time: 4:00- 6:00 pm

Registration Deadline: Tuesday

November 8, or when full

**To register, call Indianola Parks & Recreation
at (515) 961-9420
or register online at www.indianolaiowa.gov**