



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

RECOGNIZE RESPOND RESCUE

YMCA OF GREATER DES MOINES Lifeguard Certification Classes

Learn how to effectively prevent and respond to water emergencies. Our courses are designed to arm you with the skills and knowledge to prepare you for a variety of scenarios in and around the water. You will learn how to quickly respond to emergencies both in the water and on land. You will also be trained on drowning and injury prevention, so you can better help those in need. **Lifeguard certification classes require an online course to be completed prior to the classroom sessions.** Must be 15 to register.

Visit dmymca.org for class details..
New Lifeguard \$175 members \$200 non-members
Review Course \$100 members \$125 non-members



APRIL 2020	
Lifeguard Certification Location: Indianola Dates: Apr 3, 5pm-8pm Apr 4, 8am-5pm Apr 5, 10am-5pm Must attend all dates	Lifeguard Review Location : Wellmark Dates: Apr 10, 5pm-9pm Apr 11, 9am-4pm Must attend both dates
MAY 2020	
Lifeguard Certification Location: Waukee Dates: May 1, 5pm-9pm May 2, 9am-5pm May 3, 9am-5pm Must attend all dates Location: Indianola Dates: May 15, 5pm-8pm May 16, 8am-5pm May 17, 10am-5pm Must attend all dates	Lifeguard Review Location : Wellmark Dates: May 15, 5pm-9pm May 16, 9am-4pm Must attend both dates
JUNE 2020	
Lifeguard Certification Location: Wellmark Dates: June 5, 5pm-9pm June 6, 9am-5pm June 7, 9am-5pm Must attend all dates Location: Wellmark Dates: June 15, 9am-4pm June 16, 9am-4pm June 17, 9am-4pm Must attend all dates	Lifeguard Review Location : Waukee Dates: June 27, 9am-3pm June 28, 9am-3pm Must attend both dates

Already certified? Lifeguard certifications are valid for 2 years. To maintain your certification you must take a lifeguard review course no later than 30 days after your expiration date. After 30 days you will need to take the full certification course to be eligible to work as a lifeguard.

This is not a school publication, nor is it in any way endorsed or sponsored by any school district. This publication is being provided only to inform you of other available community activities and opportunities.