



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

RECOGNIZE RESPOND RESCUE

YMCA OF GREATER DES MOINES Lifeguard Certification Classes

Learn how to effectively prevent and respond to water emergencies. Our courses are designed to arm you with the skills and knowledge to prepare you for a variety of scenarios in and around the water. You will learn how to quickly respond to emergencies both in the water and on land. You will also be trained on drowning and injury prevention, so you can better help those in need. Lifeguard certification classes require an online course to be completed prior to the classroom sessions. Must be 15 to register.

Visit dmymca.org for class details..
New Lifeguard \$175 members \$200 non-members
Review Course \$100 members \$125 non-members



AUGUST	
Lifeguard Certification Location: Waukee Dates: Aug 13, 9am-4pm Aug 14, 9am-4pm Aug 15, 9am-4pm Must attend all dates	Lifeguard Review Location : Indianola Dates: Aug 17, 9am-3pm Aug 18, 10am-3pm Must attend both dates
SEPTEMBER	
Lifeguard Certification Location: Indianola Dates: Sept 20, 5pm-9pm Sept 21, 9am-5pm Sept 22, 10am-5pm Must attend all dates	Lifeguard Review Location : Wellmark Dates: Sept 7, 9am-4pm Sept 8, 12pm-5pm Must attend both dates
OCTOBER	
Lifeguard Certification Location: Wellmark Dates: Oct 11, 5pm-9pm Oct 12, 9am-5pm Oct 13, 9am-5pm Must attend all dates	Lifeguard Review Location : Waukee Dates: Oct 4, 5pm-9pm Oct 5, 9am-4pm Must attend both dates
NOVEMBER	
Lifeguard Certification Location: Waukee Dates: Nov 1, 5pm-9pm Nov 2, 9am-5pm Nov 3, 9am-5pm Must attend all dates	Lifeguard Review Location : Wellmark Dates: Nov 8, 5pm-9pm Nov 9, 9am-4pm Must attend both dates

Already certified? Lifeguard certifications are valid for 2 years. To maintain your certification you must take a lifeguard review course no later than 30 days after your expiration date. After 30 days you will need to take the full certification course to be eligible to work as a lifeguard.

“This is not an Indianola Public Schools activity. The district shares this information as a courtesy to create awareness of community opportunities available to our students and their families.”