



Friday, September 16, 2022

## INDIANOLA HIGH SCHOOL DAILY ANNOUNCEMENTS

Attendance Office Email:

[ihattendance@indianola.k12.ia.us](mailto:ihattendance@indianola.k12.ia.us)

\*new items are in purple

### **GENERAL INFORMATION:**

**FROM THE ATTENDANCE OFFICE:** The best and easiest way to contact the Attendance Office is by email when notifying the school of your student's absence [ihattendance@indianola.k12.ia.us](mailto:ihattendance@indianola.k12.ia.us). Phones have been either down or busy, so this ensures you get us notified. We understand there will still be times you need to call for immediate release. Please make sure to include your students name, grade and reason for absence.

#### **Lunch:Friday, September 16**

Cheesy Pull-Apart Bread  
Marinara Cup  
Steamed Broccoli  
Mixed Fruit

#### **Assorted Fresh Vegetables**

Romaine Lettuce  
Fresh Broccoli  
Fresh Carrots  
Cucumber Slices  
Green Pepper Slices  
Red Peppers

#### **Assorted Fresh Fruit**

Apple  
Banana  
Orange

#### **Alternate Entree' Option**

Yogurt Meal  
Build Your Own Pizza

**AP REGISTRATION:** We will begin registering for the 2023 AP classes.

[AP Registration Form](#) (\$97)

[AP Seminar & AP Research](#) (\$145)

All forms and payment must be turned in at the main office by October 13, 2022. If you cancel an examination after November 15, 2022, a \$40.00 cancellation fee will be charged. FYI, registration for AP Government will not be until February 2023.

**HOMECOMING & CLASS COLOR SHIRTS:** [Here is the link to the 2022 IHS Homecoming T-Shirt.](#) You can purchase the shirt online and pick it up at EMBARK INK on the southeast end of the square. **You must make your order by Wednesday, September 21 at midnight!** There is a strict deadline to ensure shirts will be ready by Homecoming. Embark Ink will be providing pick up times, etc closer to that time. Show your Class spirit during Homecoming and all year long!

**Here are the Spirit Week themes:**

<b>Day</b>	<b>Theme</b>
Mon 9/26	Pajama Day
Tues 9/27	Anything But a Bag Day
Wed 9/28	Character Day
Thurs 9/29	Country vs. Country Club
Fri 9/30	Spirit Day-Purple & Gold

**Here's the schedule for the week's activities:**

<b>Day</b>	<b>Activity</b>
Sunday 9/25	Hall Decorating 3:00 pm - IHS - <i>If you decorate, you are responsible for cleaning up at the end of the week.</i>
Mon 9/26	<p align="center">Freshman Sunrise</p> <p>Indianola Stadium - Freshmen meet around six am to watch sunrise.</p> <p>Muscle Volleyball-Blake Fieldhouse - 6:00 pm Powderpuff Football - immediately following Muscle Volleyball.</p>
Tues 9/27	<p align="center">Sophomore Sunrise</p> <p>Indianola Stadium - Sophomores meet around six am to watch sunrise.</p> <p>Kickball at Little League Fields &amp; Movie Under the Lights Football field &amp; Little Little League Fields - 8:00. The timeless Disney classic <i>Hercules</i> will play.</p>
Thurs 9/29	<p>Junior Sunrise- meet around six am to watch sunrise at the stadium.</p> <p>Homecoming Parade-Route begins and ends at IHS. Parade starts at 6:00; line-up begins at 5:30.</p>
Fri 9/30	<p>Senior Sunrise-meet around six am to watch sunrise at the stadium.</p> <p>Homecoming Football Game: Whiteout/Togas Freshman @4:45; Varsity @ 7:30</p>
Sat 10/1	Homecoming Dance-IHS North Gym - 8:00 - 11:00 pm.

**HOMECOMING DANCE** will be **Saturday, October 1 from 8-11pm in North gym**, \$5 admission, Malinda has confirmed she will be there to take pictures; no bags will be allowed to be brought in. If bringing an outside date, they must be under the age of 21 and present a school or other ID at the door. We will not be having a sign up sheet this year.

## **STUDENTS:**

**SENIORS & SOPHOMORES:** Jostens will be meeting with each class in the auditorium during Advisory on Wednesday, September 21. Please bring your phone (to scan important QR codes) to the class meeting.

### **Graduation Announcement and Cap & Gown presentation with Senior Class**

Date - Wed, Sept 21<sup>st</sup>

Time - 11:25 am

### **Class Jewelry/Letter Jacket Presentation with Sophomore Class**

Date – Wed, Sept 21<sup>st</sup>

Time – 12:25 pm

**Jostens will be returning to take Announcement, Cap & Gown, Class Jewelry and Letter Jacket orders in the Professional Development Room 128**

Wed, Sept 28<sup>th</sup> from 11am - 12:45pm

**JUNIORS and SENIORS-** The Iowa Senate and the Iowa House of Representatives are taking applications for Page positions. To find out more information go to

<https://www.legis.iowa.gov/docs/careers/positions/282274BF-4816-4323-8CE7-DC3CF151A804.pdf>

Deadline for applications are October 14

## **SENIORS:**

**SENIOR PARENTS:** An Informational Senior Parent Night will be **9/19 from 6-7pm in the high school library**. The counselors will highlight areas such as college & career planning, scholarships, financial aid. This is great for first time senior parents or just a refresher! Contact your student's counselor if you can't make it but would like a copy of the program.

## **PARENTS:**

**JUNIOR PARENTS-POST PROM COMMITTEE MEETING:** Calling one and all Post Prom supporters! The first Post Prom parent meeting will be **September 20th at the BrickHouse @ 5:30 pm**. Please invite anyone that wants to help and create a safe Post Prom!

**PARKING:** If you have not filled out a vehicle registration form, please have your student stop in at the main office to pick up a form or [CLICK HERE](#) to fill out the Google Form.

**SCHOOL PERMIT FORM:** If you have a student who has completed driver's education and needs a DOT Affidavit form for a school permit, [CLICK HERE](#)

## **DATES TO REMEMBER:**

<b>September 21</b>	11:30 a.m. - 12:15 p.m.	Jostens-Senior cap/gown presentation- Auditorium
<b>September 21</b>	12:25 p.m. - 12:50 p.m.	Jostens-10th class ring presentation-Auditorium
<b>September 28</b>	11:15 a.m. - 1:00 p.m.	Jostens Order Day-PD Room 128
<b>October 1</b>	8:00-11:00 pm	Homecoming Dance, North Gym
<b>October 11-13</b>		Fall Conferences
<b>October 13</b>	12:45-1:30 pm	Picture Retake Day, Auditorium Hallway
<b>October 14</b>	No School	
<b>October 17</b>	No School	Professional Development Day (teachers)
<b>November 23-25</b>	No School	Thanksgiving Break
<b>December 22</b>	1 hr early dismissal	Winter Break
<b>December 23-Jan 3</b>	No School	Winter Break

## **FINE ARTS:**

**Theatre people -- remember the Back to School Bonfire this Friday, 9/16 from 6-9.** Please bring a side dish or dessert and lawn games. We'll provide hot dogs, smores, drinks, and a vegan option. We'll meet at the school outside the theatre to carpool to BrandiAnn's parent's house. Contact Mrs. Arch or BrandiAnn for more details or a map if you need to drive separately.

**Attention Theatre peeps and anyone interested in design.** We are looking for a student to design the poster for the fall play *Sunday Night*. It is a fantasy show with motifs about time, forgiveness, and loving yourself and others. See Mrs. Arch for details and if interested.

**THEATRE PEEPS** -- it's ThesFest time again!! This year we're presenting a studio show - *13 Ways to Screw Up Your College Interview*, so let's really represent Indianola! [Check out this link to see all the opportunities available when you attend ThesFest](#) with us Friday, Nov. 11th & Saturday, Nov. 12th at UNI. Consider joining the [Tech Challenge](#) crew or [performing in a Thespy](#). Have you written a short play? Consider submitting it to the [PlayWorks competition](#). See Mrs. Arch, BrandiAnn, or Pitt for more information!

## **SPORTS:**

**GIRLS SWIMMING:** The Indianola High School girls swim team entertained a strong Dowling team Thursday night at the Indianola YMCA, falling in varsity action.

Indianola is next in action at the Marshalltown YMCA on Saturday, September 17. The first event begins at 9:30 am.

Here are Indianola's top finishers from the varsity dual with Dowling:

### **200 Yard Medley relay**

2. Indianola (Kodi Cram, Faith Mahlstadt, Julian Bacon, Olivia Ramaeker) 2:05.35

### **200 Yard Freestyle**

2. Olivia Bacon, Indianola, 2:03.73

5. Chloey Hart, Indianola, 2:15.40

### **200 Yard Individual Medley**

4. Kodi Cram, Indianola, 2:27.28

### **50 Yard Freestyle**

1. Olivia Ramaeker, Indianola, 27.12

4. Julian Bacon, Indianola, 28.29

### **100 Yard Butterfly**

4. Julian Bacon, Indianola, 1:10.41

5. Ella Geurts, Indianola, 1:12.24

### **100 Yard Freestyle**

1. Olivia Bacon, Indianola, 56.75
5. Chloey Hart, Indianola, 1:00.23

### **500 Yard Freestyle**

3. Amelia Moorlach, Indianola, 5:51.52
5. Olivia Raemaker, Indianola, 6:24.32

### **200 Yard Freestyle Relay**

2. Indianola (Ella Geurts, Chloey Hart, Julian Bacon, Olivia Bacon) 1:50.14

### **100 Yard Backstroke**

2. Kodi Cram, Indianola, 1:05.94
5. Hannah Burkhart, Indianola, 1:18.08

### **100 Yard Breaststroke**

2. Amelia Moorlach, Indianola, 1:19.89
4. Katie Thompson, Indianola, 1:21.24
5. Faith Mahlstadt, Indianola, 1:22.82

### **400 Yard Freestyle Relay**

2. Indianola (Amelia Moorlach, Olivia Ramaeker, Kodi Cram, Olivia Bacon), 3:58.35

## **STUDENT CLUBS:**

**SKILLSUSA:** We will be having a meeting on Wednesday, September 21 at 2:10 pm in 206B (Hagans room)

## **SILVER CORD OPPORTUNITIES:**

**DOWNTOWN MERCHANTS HOME FOR THE HOLIDAYS:** The Indianola Downtown Merchants are in the planning stages of our Home for the Holidays event, Saturday, December 10th from 5-9p.m. We would love to see participation from our younger community.

We are hoping for groups from IHS and IMS can help us create a successful event. We are looking for carolers, maybe a little Christmas skit from the theatre group, volunteers to help with Toy/Food drive, open to additional ideas. Here is the signup:

<https://www.signupgenius.com/go/10C0E44ADAF2BABF4C43-home>

Any questions can be directed to Brandy Werner at 515-205-4369 or [brandy@willowmoondsm.com](mailto:brandy@willowmoondsm.com)

**THE ZONE** is looking for any Juniors or Seniors to volunteer on Mondays and/or Thursdays after school until 5 PM to work with middle school kids. The ZONE is an afterschool program at the middle school. If you are interested please contact Becky Lane at 515-961-9420 or [blane@indianolaiowa.gov](mailto:blane@indianolaiowa.gov)

**INDIANOLA PARK AND REC:** Here are some volunteer opportunities for IHS students looking for Silver cord hours.

Special Friends Hoe Down: Friday, October 21<sup>st</sup> from 6-7:30pm

<https://www.signupgenius.com/go/70A0F48ADAB22A7FB6-volunteers33>

2022 Children's Costume Party: Saturday, October 29<sup>th</sup> from 10 am – 12 pm

<https://www.signupgenius.com/go/70A0F48ADAB22A7FB6-2022>

Special Friends Holiday Dance: Friday, December 16<sup>th</sup> from 6-7:30pm

<https://www.signupgenius.com/go/70A0F48ADAB22A7FB6-volunteers32>

**CHILD CARE VOLUNTEER:** Emerson PTO is looking for a volunteer to help out at our monthly PTO meetings. We are looking for someone to provide childcare for the 2nd Tuesday of the month from 7 to approximately 8pm. Please contact the Emerson PTO at [Emerson50125.pto@gmail.com](mailto:Emerson50125.pto@gmail.com)

**Warren County Meals on Wheels is looking for volunteers.** Routes begin around 10:30 AM M-F and take about one hour. You can choose how many days to volunteer. If you have OPENS during this time and would like to volunteer contact Barbara at the Meal Site at 515-961-1155

**Unity Point Health is in need of volunteers to help with the "Out of the Darkness Walk for Suicide Prevention"** that will be held Sunday, September 18 at the DMACC Campus in Ankeny. To sign up go to <https://signup.com/go/uNABGtS>

If you have questions, please email Deb Willcockson at [Deborah.Wilcockson@unitypoint.org](mailto:Deborah.Wilcockson@unitypoint.org)

**KIWANIS MIRACLE LEAGUE:** Spend an hour or 2 volunteering as an "angel in the outfield" for the Kiwanis Miracle League baseball games. The season is every Saturday through 10/8.

You can go to <https://kiwanismiracleleague.org> and select volunteer from the pull down menu and choose a time to come. Volunteers go to bat with kids, help them run the bases, and stand with them in the outfield to help. They play 2 innings. Everyone bats. Every game ends in a tie!!

Athletic teams are WELCOMED!! Teams can contact Jan Burch directly at 515-991-1483 to sign up.

### **GUIDANCE NEWS:**

**Iowa's Largest College Fair is happening Sunday, Sept 25 at the Prairie Meadows Conference Center** (1 Prairie Meadows Dr, Altoona, IA) from 12:30-3:00 PM. The Golden Circle College Fair is a great opportunity to visit with college representatives from all over the country. There will also be representatives from different career training and apprenticeship programs. For more information go to <https://www.icansucceed.org/golden-circle-college-and-career-fair>

**ACT:** The next ACT is October 22. The deadline to register is **September 16**. To register you need to go to [www.act.org](http://www.act.org) You will need to make an account and then register. The cost is \$60 (no writing) \$85 (writing). Please see your counselor if you have any questions.

**CAREER EXPLORATION OPPORTUNITY:** The Air National Guard unit in Des Moines is sponsoring an open house for interested juniors & seniors on Thursday September 22nd. This event is based on individual registration and transportation. Information is located here:

<https://www.eventbrite.com/e/132d-wing-career-day-tickets-394512667007?mibextid=4td405>

\*Students who can not attend but are interested in the Air Guard should contact Ms. Schwery for a school based learning opportunity.

### **COLLEGE/MILITARY VISITS:**

(See Dawn in the Guidance Office for a pass if interested in visiting with any of the following)

Sept 19 at 10:30 - Northwestern College

Sept 20 at 9:00 - Simpson College

Sept 20 in the cafeteria during lunches - United States Air Force

Sept 21 at 9:00 - DMACC (here's the link to schedule an appointment)

<https://calendly.com/blrealrodriguez/indianola-high-school-office-hours>

Sept 23 at 12:15 - University of Northern Iowa

Sept 26 at 12:30 - Cornell College

Sept 27 at 12:15 - Iowa State University

Sept 30 at 1:00 - Truman State University

Oct 4 in the cafeteria during lunches - Iowa National Guard

Oct 19 at 11:00 - Drake University

Oct 20 at 10:40 - University of Iowa

Oct 27 at 11:30 - Northwest Iowa Community College

Nov 8 in the cafeteria during lunches - Iowa National Guard

## **Other Announcements not school sponsored but are of interest to IHS students**

**Explore the Iowa Air National Guard during the 132d Wing's Career Day!** [MORE INFO HERE](#) The 132nd Wing is excited to host a 2022 Career Day Thursday, September 22, 2022 from 12:00 PM – 5:00 PM CDT for juniors and seniors that participate in STEM, agriculture, or ROTC programs. This year's Career Day will be complete with a MQ-9 Reaper display and interactive presentations with modern military equipment and unit members.

**DRIVERS EDUCATION:** If your student is interested in Driver's Education, please visit Street Smarts at <https://streetsmartsdriversed.com/> for the class schedules and registration.