



Wednesday, September 14, 2022

INDIANOLA HIGH SCHOOL DAILY ANNOUNCEMENTS

Attendance Office Email:

ihattendance@indianola.k12.ia.us

*new items are in purple

GENERAL INFORMATION:

Lunch: Wednesday, September 14

Hot Dog

WW Hotdog Bun

Green Beans

Applesauce

Assorted Fresh Vegetables

Romaine Lettuce

Fresh Broccoli

Fresh Carrots

Cucumber Slices

Green Pepper Slices

Red Peppers

Assorted Fresh Fruit

Apple

Banana

Orange

Alternate Entree' Option

Yogurt Meal

Build Your Own Pizza

AP REGISTRATION: We will begin registering for the 2023 AP classes.

[AP Registration Form](#) (\$97)

[AP Seminar & AP Research](#) (\$145)

All forms and payment must be turned in at the main office by October 13, 2022. If you cancel an examination after November 15, 2022, a \$40.00 cancellation fee will be charged. FYI, registration for AP Government will not be until February 2023.

HOMECOMING & CLASS COLOR SHIRTS: [Here is the link to the 2022 IHS Homecoming T-Shirt.](#) You can purchase the shirt online and pick it up at EMBARK INK on the southeast end of the square. **You must make your order by Wednesday, September 21 at midnight!** There is a strict deadline to ensure shirts will be ready by Homecoming. Embark Ink will be providing pick up times, etc closer to that time. Show your Class spirit during Homecoming and all year long!

HOMECOMING DANCE will be **Saturday, October 1 from 8-11pm in North gym**, \$5 admission, Malinda has confirmed she will be there to take pictures; no bags will be allowed to be brought in. If bringing an outside date, they must be under the age of 21 and present a school or other ID at the door. We will not be having a sign up sheet this year.

Here are the Spirit Week themes:

Day	Theme
Mon 9/26	Pajama Day
Tues 9/27	Anything But a Bag Day
Wed 9/28	Character Day
Thurs 9/29	Country vs. Country Club
Fri 9/30	Spirit Day-Purple & Gold

Here's the schedule for the week's activities:

Day	Activity
Sunday 9/25	Hall Decorating 3:00 pm - IHS - <i>If you decorate, you are responsible for cleaning up at the end of the week.</i>
Mon 9/26	Freshman Sunrise Indianola Stadium - Freshmen meet around six am to watch sunrise. Muscle Volleyball-Blake Fieldhouse - 6:00 pm Powderpuff Football - immediately following Muscle Volleyball.
Tues 9/27	Sophomore Sunrise Indianola Stadium - Sophomores meet around six am to watch sunrise. Kickball at Little League Fields & Movie Under the Lights Football field & Little League Fields - 8:00. The timeless Disney classic <i>Hercules</i> will play.
Thurs 9/29	Junior Sunrise- meet around six am to watch sunrise at the stadium. Homecoming Parade-Route begins and ends at IHS. Parade starts at 6:00; line-up begins at 5:30.
Fri 9/30	Senior Sunrise-meet around six am to watch sunrise at the stadium. Homecoming Football Game: Whiteout/Togas Freshman @4:45; Varsity @ 7:30
Sat 10/1	Homecoming Dance-IHS North Gym - 8:00 - 11:00 pm.

STUDENTS:

JUNIORS and SENIORS- The Iowa Senate and the Iowa House of Representatives are taking applications for Page positions. To find out more information go to <https://www.legis.iowa.gov/docs/careers/positions/282274BF-4816-4323-8CE7-DC3CF151A804.pdf>
Deadline for applications are October 14

SENIORS:

SENIOR PARENTS: An Informational Senior Parent Night will be **9/19 from 6-7pm in the high school library.** The counselors will highlight areas such as college & career planning, scholarships, financial aid. This is great for first time senior parents or just a refresher! Contact your student's counselor if you can't make it but would like a copy of the program.

PARENTS:

POST PROM COMMITTEE MEETING: Calling one and all Post Prom supporters! The first Post Prom parent meeting will be September 20th at the BrickHouse @ 5:30 pm. Please invite anyone that wants to help and create a safe Post Prom!

Register for a free Virtual Event on the topic of "What's the real cost of college? How to save, plan and pay" Some topics covered are as follows:

- Saving for college-it is never too late!
- How to select a college and how much it will cost
- FAFSA-what, why and how
- Understanding a financial aid offer
- How to find and apply for scholarships and grants-FREE \$\$\$
- Education loan options
- Free tools and resources to make the process easier

This virtual event will take place Wednesday, Sept 14 at 6 PM. To register go to

https://salliemabank.webex.com/mw3300/mywebex/default.do?nomenu=true&siteurl=salliemabank&service=6&rnd=0.8163190583951643&main_url=https%3A%2F%2Fsalliemabank.webex.com%2Fec3300%2Feventcenter%2Fevent%2FeventAction.do%3FtheAction%3Ddetail%26%26%26EMK%3D4832534b00000005f95e1045343d4c7ac1abaccd3e4c82c67b8562d5054bd5c3f9b2dd3e34ddb72%26siteurl%3Dsalliemabank%26confViewID%3D234525562496880622%26encryptTicket%3DSDJTSwAAAAWsr1aTHUtdV_wGaK_CsXbo-cXQcn2TSYFqxqBpqi0Lp-A2%26

PARKING: If you have not filled out a vehicle registration form, please have your student stop in at the main office to pick up a form or [CLICK HERE](#) to fill out the Google Form.

SCHOOL PERMIT FORM: If you have a student who has completed driver's education and needs a DOT Affidavit form for a school permit, [CLICK HERE](#)

DATES TO REMEMBER:

September 21	11:30 a.m. - 12:15 p.m.	Jostens-Senior cap/gown presentation- Auditorium
September 21	12:25 p.m. - 12:50 p.m.	Jostens-10th class ring presentation-Auditorium
September 28	11:15 a.m. - 1:00 p.m.	Jostens Order Day-PD Room 128
October 1	8:00-11:00 pm	Homecoming Dance, North Gym
October 11-13		Fall Conferences
October 13	12:45-1:30 pm	Picture Retake Day, Auditorium Hallway
October 14	No School	
October 17	No School	Professional Development Day (teachers)

November 23-25	No School	Thanksgiving Break
December 22	1 hr early dismissal	Winter Break
December 23-Jan 3	No School	Winter Break

FINE ARTS:

Theatre people -- remember the Back to School Bonfire this Friday, 9/16 from 6-9. Please bring a side dish or dessert and lawn games. We'll provide hot dogs, smores, drinks, and a vegan option. We'll meet at the school outside the theatre to carpool to BrandiAnn's parent's house. Contact Mrs. Arch or BrandiAnn for more details or a map if you need to drive separately.

Attention Theatre peeps and anyone interested in design. We are looking for a student to design the poster for the fall play *Sunday Night*. It is a fantasy show with motifs about time, forgiveness, and loving yourself and others. See Mrs. Arch for details and if interested.

THEATRE PEEPS -- it's ThesFest time again!! This year we're presenting a studio show - *13 Ways to Screw Up Your College Interview*, so let's really represent Indianola! [Check out this link to see all the opportunities available when you attend ThesFest](#) with us Friday, Nov. 11th & Saturday, Nov. 12th at UNI. Consider joining the [Tech Challenge](#) crew or [performing in a Thespy](#). Have you written a short play? Consider submitting it to the [PlayWorks competition](#). See Mrs. Arch, BrandiAnn, or Pitt for more information!

SPORTS:

BOYS XC: The Indianola Boys Cross Country team competed at the Ballard Invitational on Monday night. Leading the way for the Indians were freshmen Reed Robbins (17th), Paxton Bloom (20th), and Kiefer Barnes (23rd). They were followed by senior Hunter Seifrig (33rd) and junior Sam Ross (50th). The Indians next travel to Pella for the Heartland Classic on Saturday.

GIRLS XC: The Indianola Girls XC team competed at Marshalltown last Thursday, September 8th. This meet is often referred to as "the state meet before the state meet". We saw lots of highly ranked teams there and competed well in the large field. The Varsity girls placed 11th and the JV girls placed 14th. The Varsity girls were led by Gracie Foster (21st) and also included Emily Naughton (45th), Taylor Hoger (65th), Bree Tenges (68th), Leah Hartford (75th), Remy Sivertsen (90th), and Piper Dahl (104th). The JV team was led by Anna Blanchard (59th). Kayla Etnyre, Leah Hartford, Lydia Mahlstadt, Anna Blanchard, Piper Dahl, Remy Sivertsen, Sage Sivertsen, and Bree Tenges all ran personal best times at this meet!

The team also competed at Ballard on Monday, September 12. This was another highly talented field! The girls placed 3rd, falling to #5 ranked 3A conference rival- Pella, and #3 Ranked 3A Ballard. Gracie Foster led the way for the Indians placing 4th in the A Division. Following were Emily Naughton (12th), Taylor Hoger (16th), Remy Sivertsen (21st), Bree Tenges (22nd), Leah Hartford (25th), and Piper Dahl (29th). The JV Team placed 7th in the combined A and B race and was again led by Anna Blanchard, who placed 28th. Michaela Appel, Kayla Etnyre, and Melina Kingkade all finished in the top 40 as well. Kayla Etnyre, Sage Sivertsen, Kate Baker, Anna Blanchard, and Remy Sivertsen all ran personal best times AGAIN!

The Indians will race next week at HOME out at Pickard Park on September 22nd. JV will race at 4:30 and Varsity will race at 5:30. Come out and cheer on our incredible runners! They have been having a very successful season and would love the support of our amazing student body and community!! Go Indians!

STUDENT CLUBS:

Turning Point USA will meet this Thursday, September 15th at 7:15 AM in Mrs. Percy's room. Donuts will be provided.

SILVER CORD OPPORTUNITIES:

THE ZONE is looking for any Juniors or Seniors to volunteer on Mondays and/or Thursdays after school until 5 PM to work with middle school kids. The ZONE is an afterschool program at the middle school. If you are interested please contact Becky Lane at 515-961-9420 or blane@indianolaiowa.gov

INDIANOLA PARK AND REC: Here are some volunteer opportunities for IHS students looking for Silver cord hours.

Special Friends Hoe Down: Friday, October 21st from 6-7:30pm
<https://www.signupgenius.com/go/70A0F48ADAB22A7FB6-volunteers33>

2022 Children's Costume Party: Saturday, October 29th from 10 am – 12 pm
<https://www.signupgenius.com/go/70A0F48ADAB22A7FB6-2022>

Special Friends Holiday Dance: Friday, December 16th from 6-7:30pm
<https://www.signupgenius.com/go/70A0F48ADAB22A7FB6-volunteers32>

CHILD CARE VOLUNTEER: Emerson PTO is looking for a volunteer to help out at our monthly PTO meetings. We are looking for someone to provide childcare for the 2nd Tuesday of the month from 7 to approximately 8pm. Please contact the Emerson PTO at Emerson50125.pto@gmail.com

Warren County Meals on Wheels is looking for volunteers. Routes begin around 10:30 AM M-F and take about one hour. You can choose how many days to volunteer. If you have OPENS during this time and would like to volunteer contact Barbara at the Meal Site at 515-961-1155

Unity Point Health is in need of volunteers to help with the "Out of the Darkness Walk for Suicide Prevention" that will be held Sunday, September 18 at the DMACC Campus in Ankeny. To sign up go to <https://signup.com/go/uNABGtS>

If you have questions, please email Deb Willcockson at Deborah.Wilcockson@unitypoint.org

TUTOR: The Middle School is looking for tutors to help kids from 3:40-4:40 every Tuesday and Thursday. If you are interested or have questions, please email Kyla Bandstra at kyla.bandstra@indianola.k12.ia.us

KIWANIS MIRACLE LEAGUE: Spend an hour or 2 volunteering as an "angel in the outfield" for the Kiwanis Miracle League baseball games. The season is every Saturday through 10/8.

You can go to <https://kiwanismiracleleague.org> and select volunteer from the pull down menu and choose a time to come. Volunteers go to bat with kids, help them run the bases, and stand with them in the outfield to help. They play 2 innings. Everyone bats. Every game ends in a tie!!

Athletic teams are WELCOMED!! Teams can contact Jan Burch directly at 515-991-1483 to sign up.

GUIDANCE NEWS:

Iowa's Largest College Fair is happening Sunday, Sept 29 at the Prairie Meadows Conference Center (1 Prairie Meadows Dr, Altoona, IA) from 12:30-3:00 PM. The Golden Circle College Fair is a great opportunity to visit with college representatives from all over the country. There will also be representatives from different career training and apprenticeship programs. For more information go to <https://www.icansucceed.org/golden-circle-college-and-career-fair>

ACT: The next ACT is October 22. The deadline to register is September 16. To register you need to go to www.act.org You will need to make an account and then register. The cost is \$60 (no writing) \$85 (writing). Please see your counselor if you have any questions.

CAREER EXPLORATION OPPORTUNITY: The Air National Guard unit in Des Moines is sponsoring an open house for interested juniors & seniors on Thursday September 22nd. This event is based on individual registration and transportation. Information is located here:

<https://www.eventbrite.com/e/132d-wing-career-day-tickets-394512667007?mibextid=4td405>

*Students who can not attend but are interested in the Air Guard should contact Ms. Schwery for a school based learning opportunity.

COLLEGE/MILITARY VISITS:

(See Dawn in the Guidance Office for a pass if interested in visiting with any of the following)

Sept 19 at 10:30 - Northwestern College

Sept 20 at 9:00 - Simpson College

Sept 20 in the cafeteria during lunches - United States Air Force

Sept 23 at 12:15 - University of Northern Iowa

Sept 26 at 12:30 - Cornell College

Sept 27 at 12:15 - Iowa State University

Sept 30 at 1:00 - Truman State University

Oct 4 in the cafeteria during lunches - Iowa National Guard

Oct 19 at 11:00 - Drake University

Oct 20 at 10:40 - University of Iowa

Oct 27 at 11:30 - Northwest Iowa Community College

Nov 8 in the cafeteria during lunches - Iowa National Guard

Other Announcements not school sponsored but are of interest to IHS students

Explore the Iowa Air National Guard during the 132d Wing's Career Day! [MORE INFO HERE](#) The 132nd Wing is excited to host a 2022 Career Day Thu, September 22, 2022 from 12:00 PM – 5:00 PM CDT for juniors and seniors that participate in STEM, agriculture, or ROTC programs. This year's Career Day will be complete with a MQ-9 Reaper display and interactive presentations with modern military equipment and unit members.

DRIVERS EDUCATION: If your student is interested in Driver's Education, please visit Street Smarts at <https://streetsmartsdriversed.com/> for the class schedules and registration.

SUMMER 2023 TRIP: Retired Indianola teacher, Mary Summy, invites any IHS student who is interested in learning more about traveling to four of Europe's most magnificent cities next June 27 to attend a virtual information meeting on **Thursday, September 15 at 7:00 p.m. Central time over Zoom**. There is no obligation for anyone who attends. Students/parents must register in advance for the meeting. Here is the link for registration:

<https://us06web.zoom.us/meeting/register/tZUkdOigrjloGtGFGKPLEnDDnrqDACQtUbg>

This program will take students to Paris, Amsterdam, Berlin, and Prague and is offered by The Global Citizen Program. Mrs. Summy taught full time in Indianola Schools for 27 years and has been a substitute at the high school since 2010. She has traveled more than 25 times previously on international student programs and would be very happy to discuss next summer's program with anyone who would like more information. Feel free to contact her at 515-556-1696.