

LIVE HEALTHY IOWA KIDS TRACK CHAMPIONSHIP – LOCAL MEET Wednesday, May 8 Start Time: 5:30 pm

Register now for the youth track meet event of the year! Each child can participate in up to three track and field events, plus relays. Winners of each event who are 7 & up will advance to the Live Healthy Iowa State Championship Meet in Marshalltown on Saturday, June 22.

Participants must compete in their age group according to their age on 12/31/2019. **Track spikes may NOT be worn.**

Ages: 6 & under, 7-8 years, 9-10 years, 11-12 years, 13-14 years

Location: Indianola Middle School Track

Fee: FREE

Registration Deadline: Wednesday, May 1

Registration Instructions:

The only way to register for this meet is online at <http://events.clearthunder.com/LHIKTCREG2019>

The Indianola Parks and Recreation Department is unable to register any participant over the phone, or in person.

To register, please visit the website listed above.



Youth Tennis • 6-14 years

Why not take a swing at summer tennis lessons?! Prerequisite: Willingness to learn and have fun! This program will adapt to each age group and provide a great set of tennis fundamentals taught through a variety of games, relays, and drills. Fee includes T-shirt.

Equipment needed: Please bring your own racket if you have one. If you do not have your own racket, we do have a limited supply available for your use at no charge.

Lead Instructor: Matt Price, Simpson College Men's Tennis Coach

Days: Mondays, Tuesdays, Wednesdays

(Thursdays reserved for weather make-ups)

Min/Max: 8/16

Location: Indianola High School Tennis Courts

Fee: \$34 (\$29)

Please join the Text Updates Group by sending a text to 81010 with the message shown for your class

Dates: June 10, 11, 12 & June 17, 18, 19

Registration Deadline: Friday, May 31, or when full

#	Time	Age	Text to 81010
5803	5:30 - 6:20 pm	6-8 yr olds	@iprtennis1
5804	6:30 - 7:20 pm	9-10 yr olds	@iprtennis1
5802	7:30 - 8:20 pm	11-14 yr olds	@iprtennis1

Dates: July 22, 23, 24 & 29, 30, 31

Registration Deadline: Friday, July 12, or when full

#	Time	Age	Text to 81010
5807	5:30 - 6:20 pm	6-8 yr olds	@iprtennis2
5806	6:30 - 7:20 pm	9-10 yr olds	@iprtennis2
5805	7:30 - 8:20 pm	11-14 yr olds	@iprtennis2



**To register for Parks & Recreation programs , call (515) 961-9420,
or register online at <https://apm.activecommunities.com/cityofindianola/Home>**