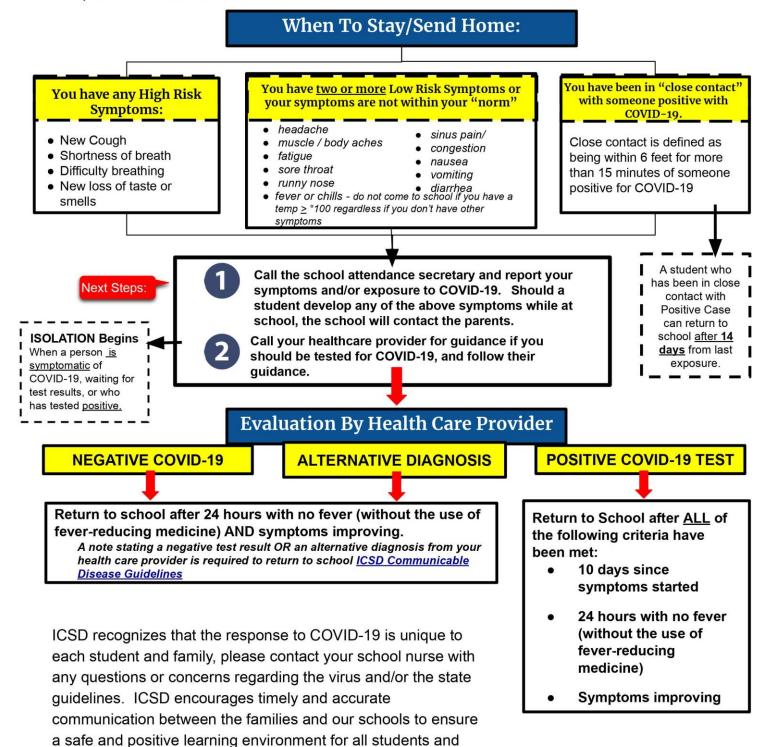


COVID-19: When To Stay/Send Home And When To Return

Indianola Community School District Health Services

In general, students should stay home from school or school activities when they are sick according to the <u>Sick</u> <u>Day Guidelines</u>. Below summarizes guidance specifically related to COVID-19, based on guidance from IDPH regarding <u>Evaluating Sick Staff & Students</u>. *Parents should monitor their children's symptoms daily before coming to school or attending school activities to determine if they are well enough to attend. It is recommended to take your child's temperature before coming to school. Students who meet the criteria below, will be sent home from school.*



staff.



Warren County Health Services

301 N Buxton, Suite 203 Indianola IA 50125 https://healthservices.warrencountyia.org/ 515-961-1074 or 1-877-961-1074

Dear Parent or Guardian,

If your child is ill with COVID symptoms (below), please keep your child **home** until your child has had a COVID test and you have received results. Family members and siblings may continue to attend school/work if not ill or exposed to a COVID positive individual. **If the test is positive**, the COVID positive child will be asked to isolate until.

- They have had no fever for at least 24 hours (that is one full day of no fever without the use of medicine that reduces fevers) AND
- Their other symptoms have improved (for example, when your cough or shortness of breath has improved) AND
- At least 10 days have passed since their symptoms first appeared.

Family members/close contact of the positive person are asked to quarantine for 14 days from their last exposure to the positive person. If you can isolate the sick person within the home, the 14-day quarantine for the family members can begin when the isolation starts.

If your child has symptoms and tests negative.

Persons with symptoms of COVID-19 who are tested and test negative AND who are NOT a close contact of a person who tested positive for COVID-19, can go back to daily activities 24 hours after their fever and other symptoms resolve.

If your child has symptoms and receives an alternative diagnosis from a healthcare provider.

• Persons with symptoms of COVID-19 AND who receives an alternative diagnosis from their healthcare provider, AND are not a close contact of a person who tested positive for COVID-19, can go back to daily activities 24 hours after their fever and other symptoms resolve.

A close contact is defined as <u>being less than 6 feet away from someone for more than 15 consecutive minutes with or without</u> <u>wearing a mask.</u>

The list of symptoms below are common symptoms of COVID-19. If a person has <u>one</u> high-risk symptom or <u>two or more</u> low-risk symptoms, they should be reported to the school and the student/employee should not attend until tested for COVID-19 <u>or</u> has followed up with a medical provider as described above.

High Risk Symptoms (Any)

- New Cough
- Shortness of breath or difficulty breathing
- New loss of taste or smell

Low Risk Symptoms (Two or More)

- Fatigue
- Fever
- Chills
- Repeated shaking with chills
- Muscle pain
- Headache
- Sore throat
- Congestion, runny nose
- Nausea, Vomiting
- Diarrhea



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Contact: Your School and Warren County Public Health are working together through this situation. If you have questions of concerns, please reach out to your School or Warren County Public Health.

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