Whittier Elementary

Whittier Elementary · 1306 West Salem Ave. · 515.961.9570

Looking Ahead

Oct. 27: End of 1st Quarter

Oct. 30: Picture Retakes/remote 3:15-3:45

Nov. 24: 1 Hour Early Dismissal

Nov. 25: No School

Nov. 26: No School

Nov. 27: No School

Dec. 18: 1 Hour Early Dismissal

Dec. 21 – Jan 1: Winter Break

No School

Purple and Gold Friday's

EVERY FRIDAY IS PURPLE AND GOLD DAY!!! SHOW YOUR SCHOOL SPIRIT BY WEARING PURPLE AND GOLD EVERY FRIDAY!!!

Visitors/parents will __NOT__ be allowed in the building during school hours.

New Hours
7:50 – 1:30

Students arriving after 7:50 will be marked tardy.

Breakfast is served in the lunchroom starting at 7:30. Please use the NORTH doors to enter.

PTO

Follow the Whittier PTO Facebook Page for upcoming information!

Cycle Day

Oct 12	Oct 13	Oct 14	Oct 15	Oct 16
Day 6	Day 1	Day 2	Day 3	Day 4

Whittier Elementary

Indianola Schools offers lunch and breakfast each day. Breakfast is $2.00 at all schools and lunch is $3.05 at the elementary schools.

Menus are available here: https://www.indianola.k12.ia.us/departments/food-service/.

If you need assistance, the free and reduced meal application is available here: https://www.indianola.k12.ia.us/departments/food-service/fee-and-reduced-meal-applicationinformation-test/

Indianola Schools is an equal opportunity provider.

Lunch

10/12: Chicken Nuggets, Roll, Corn, Pineapple

10/13: Corn Dog, Cucumber, Sour Cherry Sidekick

10/14: Trix Yogurt, String Cheese, Gold Fish, Carrots, Apples

10/15: Macaroni and Cheese, Peas, Peaches

10/16: Breaded Chicken Sand., Potato Wedge, Mixed Fruit
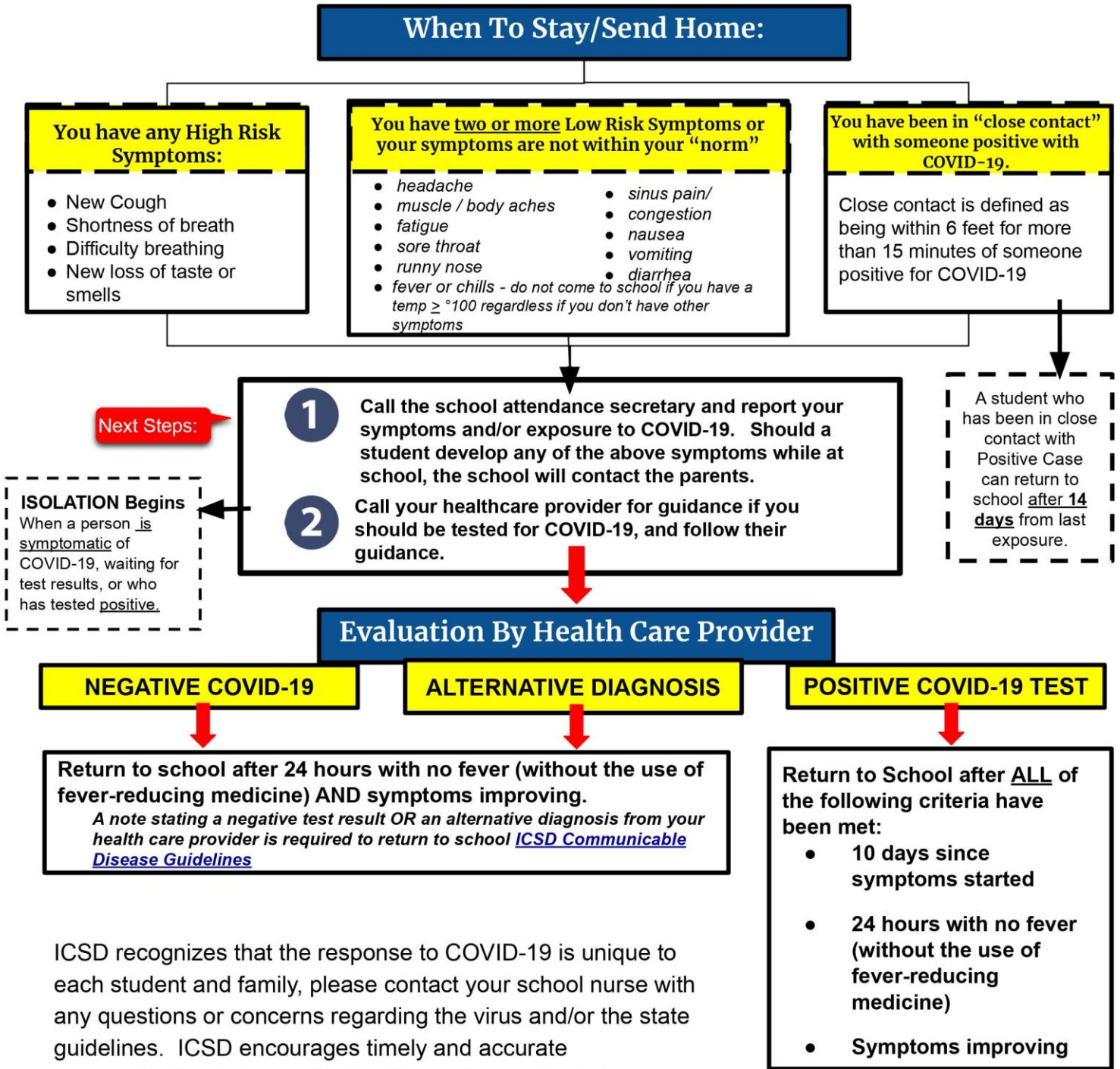
Digital Backpack

If you're looking for Indianola school and community events and information, then you've come to the right place! To cut down on paper usage and the volume of materials sent home with students each week, non-profit organizations are asked to submit their events, announcements, and flyers to our digital backpack. In accordance with board policy, here you will find information from school sponsored, affiliated, and supported organizations; non-profit community organizations, programs, camps; and more.

https://www.indianola.k12.ia.us/digital-backpack/

COVID-19: When To Stay/Send Home And When To Return

Indianola Community School District Health Services

In general, students should stay home from school or school activities when they are sick according to the Sick Day Guidelines.   Below summarizes guidance specifically related to COVID-19, based on guidance from IDPH regarding Evaluating Sick Staff & Students. *Parents should monitor their children's symptoms daily before coming to school or attending school activities to determine if they are well enough to attend. It is recommended to take your child's temperature before coming to school. Students who meet the criteria below, will be sent home from school.*

When To Stay/Send Home:

You have any High Risk Symptoms:

- New Cough
- Shortness of breath
- Difficulty breathing
- New loss of taste or smells

You have two or more Low Risk Symptoms or your symptoms are not within your "norm"

- *headache*
- *muscle / body aches*
- *fatigue*
- *sore throat*
- *runny nose*
- *sinus pain/*
- *congestion*
- *nausea*
- *vomiting*
- *diarrhea*
- *fever or chills - do not come to school if you have a temp ≥ °100 regardless if you don't have other symptoms*

You have been in "close contact" with someone positive with COVID-19.

Close contact is defined as being within 6 feet for more than 15 minutes of someone positive for COVID-19

Next Steps:

1 Call the school attendance secretary and report your symptoms and/or exposure to COVID-19.   Should a student develop any of the above symptoms while at school, the school will contact the parents.

2 Call your healthcare provider for guidance if you should be tested for COVID-19, and follow their guidance.

ISOLATION Begins
When a person is symptomatic of COVID-19, waiting for test results, or who has tested positive.

A student who has been in close contact with Positive Case can return to school after 14 days from last exposure.

Evaluation By Health Care Provider

NEGATIVE COVID-19

ALTERNATIVE DIAGNOSIS

POSITIVE COVID-19 TEST

Return to school after 24 hours with no fever (without the use of fever-reducing medicine) AND symptoms improving.
A note stating a negative test result OR an alternative diagnosis from your health care provider is required to return to school ICSD Communicable Disease Guidelines

Return to School after ALL of the following criteria have been met:
- **10 days since symptoms started**
- **24 hours with no fever (without the use of fever-reducing medicine)**
- **Symptoms improving**

ICSD recognizes that the response to COVID-19 is unique to each student and family, please contact your school nurse with any questions or concerns regarding the virus and/or the state guidelines. ICSD encourages timely and accurate communication between the families and our schools to ensure a safe and positive learning environment for all students and staff.

Dear Parent or Guardian,

If your child is ill with COVID symptoms (below), please keep your child **home** until your child has had a COVID test and you have received results. Family members and siblings may continue to attend school/work if not ill or exposed to a COVID positive individual. **If the test is positive**, the COVID positive child will be asked to isolate until.

- **They have had no fever for at least 24 hours (that is one full day of no fever without the use of medicine that reduces fevers) AND**
- **Their other symptoms have improved (for example, when your cough or shortness of breath has improved) AND**
- **At least 10 days have passed since their symptoms first appeared.**

Family members/close contact of the positive person are asked to quarantine for 14 days from their last exposure to the positive person. If you can isolate the sick person within the home, the 14-day quarantine for the family members can begin when the isolation starts.

If your child has symptoms and tests negative.

- **Persons with symptoms of COVID-19 who are tested and test negative AND who are NOT a close contact of a person who tested positive for COVID-19, can go back to daily activities 24 hours after their fever and other symptoms resolve.**

If your child has symptoms and receives an alternative diagnosis from a healthcare provider.

- **Persons with symptoms of COVID-19 AND who receives an alternative diagnosis from their healthcare provider, AND are not a close contact of a person who tested positive for COVID-19, can go back to daily activities 24 hours after their fever and other symptoms resolve.**

A close contact is defined as being less than 6 feet away from someone for more than 15 consecutive minutes with or without wearing a mask.

The list of symptoms below are common symptoms of COVID-19. If a person has one high-risk symptom or two or more low-risk symptoms, they should be reported to the school and the student/employee should not attend until tested for COVID-19 **or** has followed up with a medical provider as described above.

High Risk Symptoms (Any)
- **New Cough**
- **Shortness of breath or difficulty breathing**
- **New loss of taste or smell**

Low Risk Symptoms (Two or More)
- **Fatigue**
- **Fever**
- **Chills**
- **Repeated shaking with chills**
- **Muscle pain**
- **Headache**
- **Sore throat**
- **Congestion, runny nose**
- **Nausea, Vomiting**
- **Diarrhea**

Contact: Your School and Warren County Public Health are working together through this situation. If you have questions of concerns, please reach out to your School or Warren County Public Health.

Kelsey Marmon RN - Jodene De Vault RN, BSN - Dawn Brown RN - Lynn Wente RN, BSN