DIANOLA MIDDLE SCHOOL NEWS

403 S 15<sup>th</sup> Street, Indianola, IA 50125 PHONE 515.961.9530 FAX 515.961.9535 https://www.indianola.k12.ia.us/school/indianolamiddle-school/

WEEK OF MAY 13, 2019...

<u>Reader of the</u> <u>Week</u>



This week's winner:

**Andrew DeWall** 

#### Final Dance of the Year - 8th Graders Only

The 8<sup>th</sup> Grade Dance is this Friday, May 17, from 7:00-9:00 p.m. in the cafeteria. Students should be dropped off and picked up at the main entrance doors (not the fieldhouse). There is no charge for this dance.

Parent volunteers are still needed. If you would like to help, please call the office at 961.9530. Helpers are asked to arrive at 6:45 for instructions.

# Student Council News for Next Year's 7th and 8th Graders

Current 6<sup>th</sup> and 7<sup>th</sup> graders interested in running for the 2019-2020 Student Council may pick up an application in the main office. They must be returned by Friday, May 17. Good luck!



# A Big THANK YOU!

Karen Peters, IMS parent, has single-handedly run the IMS Very Important Parents (VIP) group the past several years. Along with juggling her career and attending her children's activities, she has coordinated fundraisers, submitted box tops and Hy-Vee receipts to earn cash for the school, and made sure our staff felt pampered during Teacher Appreciation week.

We want to tell her THANK YOU for her time, ideas, and hard work!

If you would like to volunteer to be a member of the VIP group, please contact Mr. O'Meara at <u>Michael.omeara@indianola.k12.ia.us</u>.

## <u>8th Graders Interested in Running for High</u> <u>School Student Council</u>

Indianola High School Student Council applications can be found at the Communication Center near the health office. Applications must be turned in to the middle school office by Tuesday, May 21.

# Last Day of School & Early Out Wednesday Changes

The last day of school will be Friday, May 31. Students will be dismissed at the regular time, which is 3:20 for the middle school. There are <u>NO Wednesday early outs</u> through the end of the year, so please plan accordingly.

School District Website: https://www.indianola.k12.ia.us/

#### Middle School Page:

https://www.indianola.k12.ia.us/school/indianolamiddle-school/

## Food Service

For information regarding menus, free/reduced lunches/online payments/account information, please click on the link below: https://www.indianola.k12.ia.us/departments/foodservice/



# Indianola High School Volleyball Assistants <u>Needed!</u>

The Indianola High School Volleyball program is in need of assistants starting this summer through next fall. This position(s) is for students going into grades 9 thru 12.

Here are some of the tasks you would get to do: Coordinate and run the music at our practices; run criteria-based timings for volleyball drills in practice; coordinate food and donuts; welcome our opponents into our gyms; and, most importantly—just be an awesome part of our program!

Contact Kent Halstead if interested at kent.halstead@indianola.k12.ia.us.

Indianola Middle School Students <u>Present:</u> <u>Global Warming: A Global Issue</u>

Tuesday, May 21, from 6:00 – 7:30 p.m. First United Methodist Church 307 W Ashland Avenue Indianola

There will be food & refreshments, a bake sale, and more!

Join Indianola Middle School on Twitter! @MSIndianola

# Simpson Volleyball/Basketball Camp 5<sup>th</sup> thru 8<sup>th</sup> Grade Girls

Click on the Digital Backpack to see details and to register for 2019 Net Fest happening in June.

## Watch School Events Online!

If you missed your child's concert, game, etc., and wish there was a way to see it, you may be in luck! The following link will take you to the High School Sports Network-Indianola page. You will find several events listed for all grades in the Indianola district. <u>http://www.nfhsnetwork.com/schools/indianola-high-school-indianola-ia</u>

### Check Out the District Event Calendar

Below is a link to the district's event calendar. You will find dates, times, and locations for sports, music, and various other events in which our students are participating on this site.

https://www.littlehawkeyeconference.com/public/genie/206/school/645/

### Indianola Baseball Camp-Grades 3 thru 8

Please click on the link below to find the Indianola Baseball Camp flyer. There, you will find all the details for this season's camp. <a href="https://www.indianola.k12.ia.us/digital-backpack/">https://www.indianola.k12.ia.us/digital-backpack/</a>

# READY FOR SOME FOOTBALL???

Well – it may still be a little early – but not too early to register for the Indianola Youth Football League (IYFL) 2019 fall season!!!

Registration is open and easy, so don't delay - go to our new website, <u>www.indianyouthfootball.com</u> and register your player. The fee is \$125.00 for a single player. If you are registering more than one, each additional player is (\$75.00).

IYFL is for students entering the 4th, 5th or 6th grades for the 2019/2020 school year. (Note: When registering you must enter the player's anticipated grade level for the 2019/2020 school year. For example, if the player is in 3rd grade today or has finished the 3rd grade, you will enter "4" on the registration form, which will make the player a 4th grader for the 2019 season.)

Thank you for joining the Indianola Youth Football League!! IT'S GOING TO BE A GREAT SEASON!!! GO INDIANS!!!

Indianola Volleyball Camps this Summer for Girls in Grades 3-8 Next School Year

The Indianola Indians Volleyball coaching staff and team members will be leading these fun-filled, skill-building camps. Prizes will be awarded daily and campers will receive a t-shirt. To learn more about the July camps, click here and select Indianola Volleyball Camps.



## Free Summer Audio Book Program

## <u>SYNC</u>

#### What?

SYNC is a free summer audiobook program for teens 13+. Returning April 25, 2019, SYNC will give away two complete audiobook downloads a week - pairs of high interest titles, based on weekly themes. In 2018, 26 titles were given away over 13 weeks.

#### Why?

SYNC introduces a variety of audiobook experiences to teens to demonstrate that reading can be completed by listening.

#### Who?

SYNC is sponsored by <u>AudioFile Magazine</u> and titles are delivered through the <u>OverDrive app</u>. In advance of accessing the program, download the app in advance to whichever device you anticipate listening on and be ready to go!

#### How?

Sign-up to get notifications when the FREE audiobook downloads are available. You can receive alerts by text message, email newsletter, or by visiting <u>www.audiobooksync.com</u>. Titles change every Thursday at 7am ET when the program is running.

Please Note: Signing up for these alerts will not send you the titles. The alerts will only tell you when and where the title is available to download.

#### **Download Details**

Downloads are in MP3 format, hosted by OverDrive, and are Mac and Windows compatible. Downloads will operate through the <u>OverDrive app</u>. Most listening devices are supported. Each SYNC audiobook will be available for download for a period of 7 days (only). Titles, once downloaded, are yours to keep.

Youth Container Gardening Contest to be Held during Warren County Fair

Details will be added to our Digital Backpack very soon. Please click here.

#### Dear Parents and Guardians,

Per the Iowa Department of Public Health Website; <u>https://idph.iowa.gov/adolescent-health/youngpeople</u>

Teens need an annual well exam with their medical provider even when they are healthy. The teen years are important in adopting and maintaining healthy habits, avoiding health damaging behaviors, and preventing disease. When you consider that the teen years are a period of intense growth, physically, socially, and mentally it's understandable that it's also a time full of questions and concerns.

The annual well-visit is more than a physical exam. It is a time for you and your teen and their medical provider to talk about anything that is troubling either of you. Although either of you might be embarrassed or afraid to ask, a medical provider has the knowledge to answer all of your health questions, no matter what it is. Nothing is off limits! An important part of the well-visit is this conversation about the challenges of adolescence. These issues affect health and wellness!

Call your medical provider and schedule your teen/preteen annual well visit.

Have additional questions about being a teen? Call TEEN Line: 800-443-8336

Yearly physicals are important for the preteen and teenager. Well exams are more than just a sports physical. Schedule a routine well exam for your preteen and teenagers this summer to be sure they are healthy and up to date on ALL recommended vaccinations to stay healthy for life.

There are several vaccinations that are not required by schools but are recommended for your preteen and teen by the American Academy of Pediatrics as well and the Centers for Disease Control.

These recommended vaccines are;

• HPV (Human papillomavirus) - The best way to prevent contracting the most common types of HPV is to receive the HPV vaccine series. HPV vaccine is CANCER PREVENTION!,

• Hepatitis A - Hepatitis A is a highly contagious liver disease caused by the hepatitis A virus. It is the most common form of viral hepatitis and one of the most frequently reported vaccine preventable diseases in the United States.

- Influenza-Influenza vaccine is the best way to protect against the flu. Getting vaccinated not only protects you, but also prevents you from spreading the disease to your family, friends, and coworkers.
- Meningococcal B Meningitis is a term describing an inflammation around the membranes (meninges) surrounding the brain.

The above information was taken from the Center for Disease Control. Below is a link to the Center for Disease control where you can access more information on recommended immunizations. <u>https://www.cdc.gov/vaccines/partners/childhood/matte-articles-back-to-school.html</u>

Warren County Health services 301 N Buxton Suite 203 Indianola, IA 50125 515-961-1074

#### Summer Day Camp at the Des Moines Social Club August 15-19

If you know students ages 10-13, interested in design and construction, please tell them about this great opportunity for hands-on architectural learning! Campers will engage in the design process, visit professional offices, take a field trip to landmark buildings in Des Moines, visit a job site, and much more! Please click <u>here</u> to register. Contact Claudia Cackler at <u>director@iowaarchfoundation.org</u> or 515.669.5629 for details.

### Iowa Dyslexia Survey

#### Dear Parents,

I am writing to encourage you to take an important survey about how lowa is meeting the needs of students with dyslexia. This survey takes about 20-30 minutes.

The lowa Department of Education is teaming up with the University of Iowa Stead Family Children's Hospital to distribute this survey on behalf of the Iowa Dyslexia Task Force. The task force was established by the Iowa General Assembly in 2018.

The survey's intended audience includes parents of children with reading difficulties, public school administrators, educators, and paraprofessionals; area education agency professionals; and higher education teacher training faculty.

The survey is completely anonymous and voluntary, although participation is strongly encouraged so that the task force can have a comprehensive collection of information about dyslexia response in Iowa. Survey results will be detailed in a report to the Governor and General Assembly in November. This report will be available to the public.

Click here to get to the survey.

Thank you,

David Tilly Deputy Director and Administrator Division of Learning and Results Iowa Department of Education

If you have questions about this survey please contact Kathy Bertsch (kathy.bertsch@iowa.gov).

#### Need this survey read aloud?

You can use your own screen reading software with this survey. This survey is also accessible using the free screen reader extension ChromeVox. Click <u>ChromeVox</u> to install.

Students, parents, employees and others doing business with or performing services for the Indianola Community School District are hereby notified that this school district does not discriminate on the basis of age (except students), race, color, religion, national origin, sex, disability, sexual orientation, gender identity, socioeconomic status, creed or marital status in admission or access to, or treatment in, its programs and activities.

The school district does not discriminate on the basis of age (except students), race, color, religion, national origin, sex, disability, sexual orientation, gender identity, socioeconomic status, creed or marital status in admission or access to, or treatment in, its hiring and employment practices. Any person having inquiries concerning the school district's compliance with the regulations

implementing Title VI, Title VII, Title IX, the Americans with Disabilities Act (ADA), § 504 or Iowa Code § 280.3 is directed to contact:

504 Coordinator

Indianola Community School District 1304 East 2nd Avenue Indianola, IA 50125

515 961-9500

who has been designated by the school district to coordinate the school district's efforts to comply with the regulations implementing Title VI, Title VII, Title IX, the ADA, § 504 and Iowa Code 280.3 (2007).

Anti-Bullying/Harassment (Ref. School Board Policy 104) Harassment and bullying of students and employees are against federal, state and local policy, and are not tolerated by the board. The board is committed to providing all students with a safe and civil school environment in which all members of the school community are treated with dignity and respect. To that end, the board has in place policies, procedures, and practices that are designed to reduce and eliminate bullying and harassment as well as processes and procedures to deal with incidents of bullying and harassment. Bullying and harassment of students by other students, by school employees, and by volunteers who have direct contact with students will not be tolerated in the school or school district. Concerns can be reported to the building administration by phone, email, or in person. Board Policy forms 04E1 and 104E2, along with additional bullying and harassment policy information can be obtained from the district website or from the main office.