

NDIANOLA MIDDLE SCHOOL NEWS

403 S 15th Street, Indianola, IA 50125 PHONE 515.961.9530 FAX 515.961.9535

http://www.indianola.k12.ia.us/school/indianol a-middle-school/



Reader of the Week:



Kaylee Ruiz

Middle School Dance Info - Volunteers Needed

The next IMS dance will be this Friday, February 2, from 7:00 to 9:00 p.m. at the Blake Fieldhouse. Admission is \$1. The theme is 1980's.

Volunteers are needed. If you would like to help out, please follow the link below to sign up.

http://www.signupgenius.com/go/10c044ba4aa28a1f85-indianola1

Reminders for 8th Graders

Tonight: Parent meeting regarding high school registration. See page 2 for details. Friday: Job Shadow Day, contact Mrs. Cherniss if questions. Lacey.cherniss@indianola.k12.ia.us.



Dates to Remember

<u>February 13, 14, 15:</u> Parent/Teacher Conferences (Details regarding online scheduling will be announced soon.)

February 15 & 16: No School

March 12 - 16: Spring Break

April 16: No School

New Look to School District Website

http://www.indianola.k12.ia.us/

Please click here to select January menus.

Student Council Minutes from January 19th Meeting

A quorum is usually needed to vote on any use of funds. The Secretary should take minutes, including who is present and who initiates motions on the floor (if Parliamentary Procedure is used).

IMS Student Council: Friday, January 19, 2018, 8:15 am, in room 303

Next meeting will be 2-2-18

Roll Call, Determination of a Quorum:

- I. Approval of Minutes from previous meeting (if no additions or corrections)
- II. Report from President
- III. Officer Reports

IV. Old Business:

- 1. "Mugging" a teacher—need nominations from each grade level: Ryder, Halligan, Vetter, and Damman
- 2. Instagram--add a post today (dance image)
- 3. Dance Feb 2–Need poster in each wing and one somewhere else. Voted with unanimous approval on 80s throwback themed dance. All encouraged to dress up.
- 4. Review unscheduled spirit dates--looking at possibly doing three spirit days before February 28: "Pink Day" and two other days. Monday/Tuesday themed anti-bullying days.
- V. New Business
- 1. Leadership activity-Special Olympics, assign duties/responsibilities
- 2. Discussion on planning a spirit week
- 3. Grading Black History posters February 20 or before.
- 4. Check handbook for any changes or questions--asking if phones during lunch
- 5. Other

VI. Adjournment

High School Registration Events for 8th Graders

Parent Meeting ***TONIGHT***

Date/Time: January 29, 7:00 PM Location: High School Auditorium

This is the first orientation meeting where the students will receive registration material. Please bring a pen or pencil. All 8^{th} grade students and parents/guardians are encouraged to attend. For those unable to attend,

Mrs. Cherniss will have extra copies of materials available for students after the meeting.

High School Counselor Q&A at Conferences

Date/Time: February 13, 4-8 PM and February 15, 4-8 PM

Location: Middle School 8th Grade Hallway

*Conference times are for Q&A. You may turn in your completed registration sheet, but do NOT have to at that time.

Work Sessions

Date/Time: February 19-22, 3:30-6:30 PM

Location: High School Media Center

*Work sessions at the high school are arena style; no individual appointments. You may work with any counselor available. We will collect completed sheets at that time.

If this is your 2nd or 3rd child and you are comfortable on your own, you can turn in your completed registration form to Mrs. Cherniss.

All Registrations Must be Turned in by March 2

Influenza Awareness

A Note from Your School Nurse:

Influenza season is upon us and is considered to be widespread throughout Iowa. With that in mind, I wanted to share some information about the signs and symptoms of influenza to be watching for and give recommendations for when to keep your child home from school. Influenza is a highly contagious viral infection that is spread by airborne droplets when an infected person sneezes or coughs. It mainly affects the nose, throat, chest, and lungs. Symptoms may include fever (usually more than 100° F), headache, extreme tiredness, dry cough, runny or stuffy nose, and muscle aches. It typically lasts 3-7 days. People may be able to infect each other one day before symptoms occur and up to 10 days after being sick. The CDC suggests that you consult your doctor as needed if your child develops flu-like symptoms including fever and/or cough. Also, keep in mind that it is not too late for a flu shot. Gastroenteritis (often called stomach flu although it is not influenza) continues to be present this time of year as well. People with this should not attend school or work until it's been 24 hours since vomiting or diarrhea have occurred.

In order to prevent the spread of germs and the flu virus, the CDC recommends that your sick child stay home for at least 24 hours after his/her fever is gone, without the use of fever-reducing medicine like Tylenol or Ibuprofen.

Regardless of the season, some healthy reminders are included below:

- Wash hands often and use hand sanitizer when available
- Avoid touching the face
- Cough or sneeze into elbows
- Hydrate, hydrate, hydrate! Keep drinking water, even when it is cold outside
- Maintain good sleep patterns
- Fuel the body with plenty of fruits and vegetables
- When possible, avoid others who are ill

Additional information regarding influenza may be found here.

Thank you for considering the health of your child and the others in the classroom. If you have any questions or concerns, please feel free to contact me at any time. I can best be reached by email: cadi.williams@indianola.k12.ia.us.

Wishing you all a healthy winter season,

Cadi Williams, BSN, RN Middle School and High School Nurse

Yearbook Deadline Approaches

Yearbooks are now on sale. Go to www.Jostens.com.

- > Books are \$30 until the end of sales on February 28.
- Not sure if you bought one? Check out the list on the lunchroom window. We update it weekly.
- Please do not bring money to school. You must order books online or at conferences in February.
- Questions? William.damman@indianola.k12.ia.us.

Please Bring Your License when you Visit the School

If you have been a visitor to any of our Indianola schools during a typical day, you have been asked to show your license the first time so that a sticker could be given to you before you walk around the building.

We have gotten an upgrade to this security screening system, which is a good thing. However, we do not have access to past visitor records, so we will need to scan every person's license/ID as if it were their first visit.

Every visitor will be required to show their license to be entered into the screening system.

Please keep in mind, if you are just coming into the main office you will not need to show your ID. If you are going anywhere else in the building during school hours, however, you will.

Thank you for your cooperation.



Music Boosters Meeting

The next Music Boosters meeting is Monday, February 12, at 6 p.m. in the high school 9-10 band room.

Music Booster meetings are open to anyone interested in helping support the music programs in all of the Indianola schools. Questions about getting involved with Music Boosters? Contact President Anita Christensen at lndianolamusicboostersinfo@gmail.com. You can also find us on Facebook at Indianola Music Boosters!

Indianola Volleyball Practices

All Indianola girls in grades 3-8 are welcome to attend the Indianola Volleyball select practices listed below. Grades 3-6 will practice 6:30 – 7:45 p.m., and grades 6-8 will practice 7:45 – 9:00 p.m. Practices will be held in the high school's North gym.

Thursdays: March 8, 22, 29; April 5

Tuesdays: April 10, 24

Monday: April 16

Check Out the District Event Calendar

http://www.littlehawkeyeconference.com/public/genie/206/school/645/

Athletics

IMS Activities Schedule link:

http://www.littlehawkeyeconference.com

IHS Girls Soccer Camp for 6th - 8th Graders

Girls in grades 6 thru 8 can spend their spring break training like a high school soccer player. This 5-day camp will be filled with drills and activities, and it will help elevate athletes to the next level.

The camp runs March 12-16 from 5:15-6:45 p.m. The cost is \$50. Please click here and select *Digital Backpack* to see full details listed on the flyer.

Indianola Athletic Boosters

We started the year with a lofty goal of 600 Indianola Athletic Booster members. We are now at 615! Are you a member yet? It is easy to become one. Please go to www.indianolaathletics.com now to support our athletes, coaches, and programs. They depend on IABC to fund everything from uniforms to equipment & much more.

Study Table for Middle School Athletes

On Wednesdays due to the early out, we have an option for our student athletes. When school ends at 2:20, students may stay in a supervised area to do homework or read until practice starts at approximately 3:50. Students who sign up for Study Table are expected to be there each Wednesday during the season unless a parent calls in or writes a note to excuse them ahead of time.

Please click <u>here</u> and select Study Table form for details.



Heal House of Iowa

Heal House of Iowa is a group of volunteers, who have filed for non-profit status, committed to taking care of homeless individuals in Warren County and establishing a shelter in Indianola. Please click here and select Digital Backpack located halfway down page to see the flyer with full details.

Backpacks 4 Hunger No Child Goes Hungry over the Weekend

ALL students eligible for this program

Backpacks are filled with meals and snacks for the weekend and are sent home with students on Friday. The backpacks and contents are provided by donations from the Indianola community.

TO SIGN UP: Call 961-5755 or contact your student's school counselor.

Students, parents, employees and others doing business with or performing services for the Indianola Community School District are hereby notified that this school district does not discriminate on the basis of age (except students), race, color, religion, national origin, sex, disability, sexual orientation, gender identity, socioeconomic status, creed or marital status in admission or access to, or treatment in, its programs and activities.

The school district does not discriminate on the basis of age (except students), race, color, religion, national origin, sex, disability, sexual orientation, gender identity, socioeconomic status, creed or marital status in admission or access to, or treatment in, its hiring and employment practices. Any person having inquiries concerning the school district's compliance with the regulations implementing Title VI, Title VII, Title IX, the Americans with Disabilities Act (ADA), § 504 or Iowa Code § 280.3 is directed to contact:

504 Coordinator Indianola Community School District 1304 East 2nd Avenue Indianola, IA 50125 515 961-9500

who has been designated by the school district to coordinate the school district's efforts to comply with the regulations implementing Title VI, Title VII, Title IX, the ADA, § 504 and Iowa Code 280.3 (2007).

Anti-Bullying/Harassment (Ref. School Board Policy 104) Harassment and bullying of students and employees are against federal, state and local policy, and are not tolerated by the board. The board is committed to providing all students with a safe and civil school environment in which all members of the school community are treated with dignity and respect. To that end, the board has in place policies, procedures, and practices that are designed to reduce and eliminate bullying and harassment as well as processes and procedures to deal with incidents of bullying and harassment. Bullying and harassment of students by other students, by school employees, and by volunteers who have direct contact with students will not be tolerated in the school or school district. Concerns can be reported to the building administration by phone, email, or in person. Board Policy forms 04E1 and 104E2, along with additional bullying and harassment policy information can be obtained from the district website or from the main office.