

## Irving Elementary

Monday January 20	Tuesday January 21	Wednesday January 22	Thursday January 23	Friday January 24
	Day #3	Day #4	Day #5	Day #6
<b>Breakfast:</b>	<b>Breakfast:</b>	<b>Breakfast:</b>	<b>Breakfast:</b>	<b>Breakfast:</b>
Student: \$2.00    Adult: \$2.15    Extra Milk: \$0.40				
<b>No School</b>	Cereal Bar Assortment Graham Crackers Grape Juice Raisins	Blueberry Muffin Toast Jelly Fresh Apples	Cereal Toast Jelly Raisins Orange Juice	Cinn. Poptart Toast Jelly Fresh Oranges Apple Juice
<b>Lunch:</b>	<b>Lunch:</b>	<b>Lunch:</b>	<b>Lunch:</b>	<b>Lunch:</b>
Student: \$3.00    Adult: \$3.75    Extra Milk: \$0.40				
<b>No School</b>	Hamburger Patty Bun 1.25oz Oven Fries Mixed Fruit Fresh Carrots	Breakfast Pizza Tater Tots Pears Fresh Cherry Tomatoes	Turkey & Swiss Sand. Green Beans Peaches Fresh Carrots	Stuffed Sticks & Dip Broccoli Applesauce Marinara Cup Celery Sticks

Indianola Schools offers lunch and breakfast each day. Breakfast is \$2.00 at all schools and lunch is \$3.00 at the elementary schools and \$3.10 at Middle School and High School. Menus are available here: <https://www.indianola.k12.ia.us/departments/food-service/>.

If you need assistance, the free and reduced meal application is available here: <https://www.indianola.k12.ia.us/departments/food-service/fee-and-reduced-meal-application-information-test/>.

Indianola Schools is an equal opportunity provider.

## **fyi,** Irving Events

**January 20 ..... No School/Teacher Work Day**

January 22.....Early Dismissal

January 23.....2<sup>nd</sup> Grade Field Trip to Civic Center departing from Irving at 8:30 and returning approximately by 11:30.

January 29.....Early Dismissal

**The bell rings at 7:50 AM.** Your child will be counted tardy at **7:51 forward** either as **excused**:

- illness,
- family emergencies,
- recognized religious observances,
- to accompany parents out of town, to attend funerals, etc.;
- appointments that cannot be scheduled outside the school day,
- school-sponsored or approved activities;

**or unexcused with no note from the parent or for simply being late.** Unexcused absences also include, but are not limited to:

- shopping,
- hunting,
- concerts,
- preparation/participation in parties/celebrations,
- and employment.

Truancy will not be tolerated by the board.

***PLEASE let me know the reason for your child's absence. This information is needed in order to record attendance.***

***You are now able to view absences and tardies by accessing your PowerSchool portal account.***

As a courtesy, please call or email any changes to your child's pick-up arrangements for that day by 1:00 PM unless you have an emergency.

Reference: School Board Policies 501.3, 501.9, 501.10

### Transportation Reminder

The middle school is a transfer point **only** for before and after school. Parents should be dropping off and picking up their children at their attendance center if they have plans other than their typical bussing needs.



According to the Student Transportation Handbook (found on the Indianola website): '... **Elementary parents cannot pick up or drop off elementary students at the Middle School for transportation.**'



Please have your child look on our **lost and found table** for items that may belong to your family. Our table is **OVER FLOWING!**

Please put your child's name on the labels of coats, sweatshirts, lunch boxes, etc., so we can return the lost items—even if you only put the first name.



### [Influenza Fact Sheet](#)

### [Influenza Recommendations for Schools](#)

### [Influenza Control and Other Respiratory Outbreaks](#)

#### **If you get the flu:**

- **Stay home** from work or school
- Get plenty of rest and water
- Over-the-counter medications may relieve symptoms
- Consult your health care provider

**How can you prevent the flu?** The single best way to prevent the flu is to get vaccinated each year. The “flu” shot is an inactivated vaccine (containing killed influenza virus) that is injected. The flu shot is approved for use in people six months of age and older, including healthy people and people with chronic medical conditions.

#### **Symptoms of influenza include:**

- Fever (typically  $\geq 100^{\circ}$  F)
- Headache
- Extreme tiredness
- Dry cough
- Sore throat
- Runny or stuffy nose
- Muscle aches
- Stomach symptoms, such as nausea, vomiting, and diarrhea, also can occur but are more common in children than adults



The spread of influenza Flu viruses mainly spread from person to person through coughing or sneezing. Sometimes people may become infected by touching something with flu viruses on it and then touching their mouth or nose. Most healthy adults may be able to infect others beginning one day before symptoms develop and up to five to seven days after becoming sick. That means that you may be able to pass on the flu to someone else before you know you are sick, as well as while you are sick.

The following are key intervention measures for schools to reduce transmission and potentially contain outbreaks of influenza and other respiratory diseases:

- Encourage students, staff, and parents to get a yearly flu vaccine.
- Encourage students and staff to cover coughs and sneezes. Teach students and staff to cover their mouths when coughing or sneezing into upper arm or a tissue.
- Increase cleaning. Routinely clean surfaces that are commonly touched including desks, doorknobs, computer keyboards, stair handrails, and faucets.
- **Stay home when ill. Any employee, student, teacher, or staff suspected of having influenza should not attend school.**
- Hand washing. Teach and encourage children and staff to wash hands regularly with warm water and soap. Important times to wash hands are before and after eating, recess, gym class and every other situation involving frequent student-to-student interaction.
- Use hand sanitizer.



### Recess and lunch time reminders:

AM Recess	
K	9:30-9:45
1 <sup>st</sup> /2 <sup>nd</sup>	9:45-10:00

Lunch	Time	Recess
K	11:00-11:20	11:20-11:45
1 <sup>st</sup>	11:15-11:35	11:35-12:00
2 <sup>nd</sup>	11:30-11:50	11:55-12:20
3 <sup>rd</sup>	11:45-12:05	12:05-12:30
4 <sup>th</sup>	12:00-12:20	12:20-12:45
5 <sup>th</sup>	12:15-12:35	12:35-1:05

PM Recess	
2 <sup>nd</sup> -3 <sup>rd</sup>	2:00-2:15
4 <sup>th</sup>	2:15-2:30
K-1 <sup>st</sup>	2:40-2:55

### Guidelines for Indoor Recess:

If the temperature and/or feels-like temperature is 10° or less, students stay inside for recess.

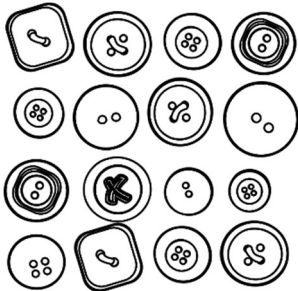
Students will also come into the building starting at 7:30 in the morning.



### Cell Phones/Electronic Communication Devices

Students may possess a cellular telephone or other electronic communication devices (ECD) in school and at school related functions provided that **during school hours and on school vehicles the cell phone or ECD is powered off, concealed and not in use.** Students are prohibited from using a cell phone or having it powered on during the school day.

## Button, button who has the button?



Fall intercession was a success and we are planning for spring already. Pearl buttons are a part of Iowa history. The Mississippi River town of Muscatine was the pearl button capital of the world decades ago.

We are looking for all types of buttons - big, medium, small; any color and any size and made of any material (plastic, metal, glass, shell, ceramic, wood, etc.). We received our first donation from a member of the Iowa State Button Society. Joyce Bimbi donated over one pound of buttons last week for our project. Please help us fill our Irving button jar for activities. The button jar is located in the office.

## Pop those tabs

### *Enjoy a Beverage: Make a Difference*

Wouldn't it be amazing if you could help many families going through difficult times by collecting a product you already use? With the pop tab program through the **Ronald McDonald House** you can do just that.

The small tab on the top of your aluminum beverage can might not seem like much, but when brought together in large quantities, they make a monumental difference.



Schools, businesses, and individuals come together to donate millions of tabs every year. After being sold for scrap, they bring in enough money to pay the electric bill every year at the Ronald McDonald House of Des Moines.

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## District/Community Events

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You can search/subscribe to upcoming events in the district's  
Digital Backpack:

[www.indianola.k12.ia.us/digital-backpack](http://www.indianola.k12.ia.us/digital-backpack)

### **The Indianola Music Boosters want you!**

Join the winning team that supports all of the K-12 Music Programs in the Indianola School District!! Visit the boosters' website for more information. [Music Boosters](#)

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***WHO can join the Indianola Music Boosters and participate in the fun at the monthly meetings? Membership is open to all parents and/or guardians of students in the K-12 music programs and other interested persons. New members aren't expected to take leadership roles. Take your time and get comfortable if need be. Parents of elementary kids, don't be shy! Participate and learn now. Lead tomorrow! Kids grow up too fast.***

***How can YOU stay informed, get involved and join in the fun??***

Join the standard Booster email list by sending an email to:

[IndianolaMusicBoostersinfo@gmail.com](mailto:IndianolaMusicBoostersinfo@gmail.com)

Like our Facebook page: [indianolamusicboosters](#)

Check out our website: [www.indianolamusicboosters.org](http://www.indianolamusicboosters.org)

***What can YOU expect when you join the Indianola Music Boosters team?***

***Indianola Music Boosters is a diverse, thoughtful, inclusive group.***

***All thoughts, ideas and opinions are highly encouraged.***

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### **Middle School's Sports Wear**

[teamstore.gtmsportswear.com/INDIANOLAINDIANS](http://teamstore.gtmsportswear.com/INDIANOLAINDIANS)

**Student directory information for birthday party invites and party invitation distribution**

Due to the Family Educational Rights and Privacy Act (FERPA), we are unable to give student identifiable information to outside individuals or organizations. Our school directory information is for school officials with legitimate educational interests. Thus, teachers are unable to supply parents with the addresses of their peers for party invitations.

**NOTICE OF NONDISCRIMINATION**

Students, parents, employees and others doing business with or performing services for the Indianola Community School District are hereby notified that this school district does not discriminate on the basis of race, color, age (except students), religion, national origin, sex, marital status, sexual orientation, gender identity or disability in admission or access to, or treatment in, its programs and activities.

The school district does not discriminate on the basis of race, color, age (except students), religion, national origin, sex, sexual orientation, gender identity or disability in admission or access to, or treatment in, its hiring and employment practices. Any person having inquiries concerning the school district's compliance with the regulations implementing Title VI, Title VII, Title IX, the Americans with Disabilities Act (ADA), § 504 or Iowa Code § 280.3 is directed to contact:

504 Coordinator  
Indianola Community School District  
1304 East 2<sup>nd</sup> Avenue  
Indianola, IA 50125  
(515)961-9500

who has been designated by the school district to coordinate the school district's efforts to comply with the regulations implementing Title VI, Title VII, Title IX, the ADA, § 504 and Iowa Code 280.3 (2007).