

7th Grade Football 2017-2018 School Year

Coaches:

<i>Head Coach: Will Nailor</i>	<i>will.nailor@indianola.k12.ia.us</i>
<i>Asst Coach: Robert Struthers</i>	<i>robert.struthers@indianola.k12.ia.us</i>
<i>Asst Coach: Shaen Polasky</i>	<i>shaen.polasky@indianola.k12.ia.us</i>
<i>Asst Coach: Adam Graham</i>	<i>adam.graham@indianola.k12.ia.us</i>

General Information:

- Updated Concussion and Physical forms are required on file prior to the first day of practice. Student athletes should still attend practice as non-participants if they do not have forms completed.
- All sports at IMS are No-Cut based on athletic abilities. We would like to encourage all student athletes that want the opportunity, to participate in school sports. Students interested in a sport should attend beginning at the first practice date. Students will only be eliminated from teams for gross misconduct or refusal to follow behavioral expectations.
- Please promptly pick up your student athletes adjacent to the gymnasium doors on the northeast corner of the building. Students will exit from the Fieldhouse gym doors.
- Practices will run from 3:20-5:30.

Football 7th/8th grade

Practices: 3:20-5:30 PM @ MS Athletic Complex (Tee-shirt, shorts, tennis shoes/cleats)

Schedules: <http://www.littlehawkeyeconference.com/public/genie/206/school/645/>

Season: August-October

The schedule includes three games, (A and B) at one site, and (C) game at the other site on the same day whenever possible. Admission at all middle school events is \$3.00 for adults and \$1.00 for students K-12.

The teams are being divided by experience, ability, and any other factors determined by the coaches. The players move between teams as needed. Games consist of four, eight minute quarters. The home team provides at least three approved officials. Guidelines and rules established by the IHSAA will be followed.

Each school has six scheduled games. Games start at 4:30 p.m. on weekday during September and at 4:00 in October, unless the host school has lights. Saturday games start at 9:00 a.m., unless there is a mutual agreement to change the time. The second game begins ten minutes after the first game ends. Reserve Games: Lower level games are scheduled by mutual

agreement of the schools involved. When these games are scheduled, the rules and regulations followed in the regular game(s) will be in effect. If numbers do not allow a reserve game, additional quarter(s) are played. Every player is allowed to play in only 4 quarters per night.