

Irving Elementary

Monday Apr 1	Tuesday Apr 2	Wednesday Apr 3	Thursday Apr 4	Friday Apr 5
Day # 6	Day #1	Day #2	Day #3	Day #4
Breakfast:	Breakfast:	Breakfast:	Breakfast:	Breakfast:
Pancake Syrup Cup Sausage Patty Fresh Apple	Cereal Nutri Grain Bar Straw. Peach Cup Orange Juice	String Cheese Stick Toast Jelly Fresh Apples	Cereal Bar Assortment Graham Crackers Grape Juice Raisins	Nutri Grain Bar— Apple Cinn Toast Jelly Fresh Oranges Apple Juice
Lunch:	Lunch:	Lunch:	Lunch:	Lunch:
Corn Dog Calico Beans Pineapple Fresh Broccoli	Hamburger Patty Bun 1.25oz Oven Fries Mixed Fruit Fresh Carrots	Breakfast Pizza Tater Tots Pears Fresh Cherry Tomatoes	Turkey & Swiss Sub Green Beans Peaches Fresh Carrots	Stuffed Sticks & Dip Broccoli Applesauce Marinara Cup Celery Sticks

Important
Information

The tardy bell rings at 8:10 AM. Your child will be counted tardy at **8:11 forward** either as **excused** for appointments, to accompany parents out of town, to attend funerals, etc.; or **unexcused with no note from the parent or for simply being late.**

You are now able to view absences and tardies by accessing your PowerSchool account.

As a courtesy, please call or email any changes to your child's pick-up arrangements for that day by 1:00 PM unless you have an emergency.

Absence from School

If your child needs to be absent or late to school for any reason, **please notify the school office by calling between 8:00-8:30.** If you do not have a telephone, please send a note with another student.

You only need to contact one person at Irving when reporting an absence—either your child's teacher, the nurse or main office (961.9560).

A Note from Your School Nurse regarding Influenza:

Influenza season is underway. With that in mind, I want to share the signs and symptoms of influenza and give recommendations for when to keep your child home from school. Influenza is a highly contagious viral infection that is spread by airborne droplets when an infected person sneezes or coughs. Influenza mainly affects the nose, throat, chest and lungs. Symptoms may include:

- fever (usually more than 100° F),
- headache,
- extreme tiredness,
- dry cough,
- runny or stuffy nose, and
- muscle aches.



Influenza typically lasts 3-7 days. People may be able to infect each other one day before symptoms occur and up to 10 days after being sick. The CDC suggests that you consult your doctor, as needed, if your child develops flu-like symptoms including fever and/or cough. Also, keep in mind that it is not too late for a flu shot.

Gastroenteritis (often called stomach flu although it is not influenza) is present this time of year, as well. People with this should not attend school or work until it's been 24 hours since vomiting or diarrhea have occurred. In order to prevent the spread of germs and the flu virus, the CDC recommends that your sick child stay home for at least 24 hours after his/her fever is gone, without the use of fever-reducing medicine like Tylenol or ibuprofen.

Regardless of the season, some healthy reminders are listed below:

- Wash hands often and use hand sanitizer when available.
- Avoid touching the face.
- Cough or sneeze into elbows.
- Hydrate, hydrate, hydrate! Keep drinking water, even when it is cold outside.
- Maintain good sleep patterns.
- Fuel the body with plenty of fruits and vegetables.
- When possible, avoid others who are ill.

Thank you for considering the health of your child and others in the classroom.



@irvingelementary

Instagram

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fyi, Irving Events

March 29.....End of 3rd Quarter
April 4.....5th Grade Honor Choir Field Trip to Civic Center
April 9.....4th Grade Field Trip to Hy-Vee Hall
April 22KG Field Trip to Blank Park Zoo and Civic Center
May 9.....3rd Grade Field Trip to Science Center of Iowa
May 31Last Day of School, Regular Dismissal

Last Day of School / Early-Out Wednesday Changes

Dear Parents and Guardians,

Students' last day of school will be May 31, with a regular dismissal time. There will be no Wednesday early outs beginning March 27 through May 29. Students will have full instructional days on Wednesdays beginning March 27.

Seniors' last day will still be May 23.

Message from Superintendent Sathoff

District/Community Events

- **VOLLEYBALL ADVANTAGE INDIANOLA**

Indianola School Volleyball Coaching Staff to host Practices on the following dates for Girls in Grades 3 thru 8!

Location: North Gym at the High School

When: **3rd, 4th, 5th and 6th** grade practices will be held from 6:45 to 8:00 PM on the following dates:

Thursday, March 14
Thursday, April 4
Tuesday, April 9
Monday, April 15
Tuesday, April 23
Tuesday April 30

6th, 7th and 8th grade practices will be held from 8:00 pm to 9:15 PM on the following dates:

Thursday, March 14
Thursday, April 4
Tuesday, April 9
Monday April 15
Tuesday April 23
Tuesday, April 30

6th graders can come to either practice!

- **VOLLEYBALL** Announcement: **Girls in grades 3-12** (next school year of 19-20) and **their parents** are asked to attend meetings with the Indianola Volleyball Coaching Staff and current Indianola Volleyball Players!

Summer practice schedules will be released, the priorities and structure of Indianola Volleyball Program will be presented; and current and former Indianola Volleyball players will present at the meeting! The coaching staff will also be available for volleyball-related questions!

Meetings will be in the HS North gym at Indianola High School.

When: **Monday, May 6:** Girls and Parents in **Grades 3-8 (2018-19 school year)** will meet from 7:45 to 8:30 pm

When: **Monday, May 6:** Girls and Parents in **Grades 9-12 (2018-19 school year)** will meet from 8:30 to 9:30 pm

Derek Morris, Principal

- **2019 INDIANOLA BASEBALL CAMP, GRADES 3-8**

Camp Dates: Friday, **March 29**; Friday, **April 5**; and Friday, **April 12**.
Deadline is March 22.

Irving students: registration forms are available in the office.



NOTICE OF NONDISCRIMINATION

Students, parents, employees and others doing business with or performing services for the Indianola Community School District are hereby notified that this school district does not discriminate on the basis of race, color, age (except students), religion, national origin, sex, marital status, sexual orientation, gender identity or disability in admission or access to, or treatment in, its programs and activities.

The school district does not discriminate on the basis of race, color, age (except students), religion, national origin, sex, sexual orientation, gender identity or disability in admission or access to, or treatment in, its hiring and employment practices. Any person having inquiries concerning the school district's compliance with the regulations implementing Title VI, Title VII, Title IX, the Americans with Disabilities Act (ADA), § 504 or Iowa Code § 280.3 is directed to contact:

504 Coordinator
Indianola Community School District
1304 East 2nd Avenue
Indianola, IA 50125
515 961-9500

who has been designated by the school district to coordinate the school district's efforts to comply with the regulations implementing Title VI, Title VII, Title IX, the ADA, § 504 and Iowa Code 280.3 (2007).